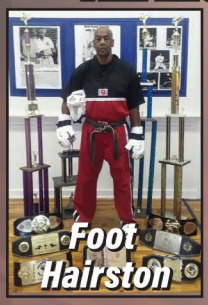
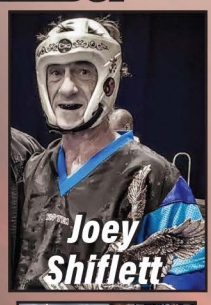
JEFF McGREGOR'S

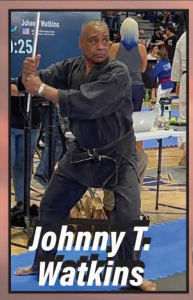
AMERICAN KARATE CHAMPIONSHIP

COME COMPETE WITH THE LEGENDS!

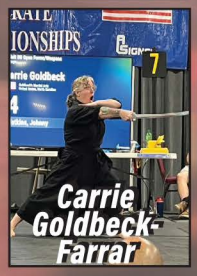

Foot Hairston


Joey Shiflett

Jerry Sellars


Johnny T. Watkins

Jeff "Sushi" Doss


Carrie Goldbeck-Farrar

35th BIG YEAR

JULY 18 2026

RINGS, TROPHIES & SWORDS AWARDED

All Musical Forms & Weapons at 9AM

Continuous Fighting

BLACK BELT GRAND CHAMPION + PRIZE MONEY!

$100 to Grand Champions
$50 to Runner -up

* All pre-registers must be in by July 6, 2026 *

Over 200 Divisions! 1st-4th place in all Divisions

(3) ADULT GRAND CHAMPION (under Belt)

(8) JR. GRAND CHAMPION - Kata/Weapons

9:00 AM
All Musical & Weapons Forms

$200 For each studio that brings 20 or more registered competitors!

• New Division for Black Belt 50 & up •
Fighting-Kata GRAND CHAMPION

AVERETT NORTH CAMPUS
707 MT. CROSS ROAD
DANVILLE, VA

For more information:
Jeff McGregor (434) 799-9363 or (434) 250-2311
jeffmcgregorskarate.com

Directions to Venue:

Averett University Athletic Complex

707 Mt. Cross Road • Danville, VA

From Greensboro, NC
Continue on US-29 BUS N to your destination in Danville 12 mins (5.7 miles). Keep left to continue on US29 BUS N. Entering Virginia 2.7 mi. Use any lane to turn slightly left onto Memorial Dr. 0.8 mi. continue straight to stay on Memorial Dr. 0.1 mi. Turn left onto Piedmont Dr. 1.3 mi. Turn left onto Mt. Cross Rd. 0.5 mo. Turn left onto Dimon Dr. 0.3 Turn left. Destination will be on the right.

From Raleigh/Durham, NC
Continue onto VA-86 N 3.5 mi. Continue onto Central Blvd. 0.8 mi. Take Piedmont Dr. W exit 0.4 mi. Continue onto Piedmont Dr. 0.1 mi. Turn right onto Lowes Dr. 0.5 mi. Turn right onto Mt. Cross Rd. 0.3 mi. Turn left onto Dimon Dr. 0.3 mi. Turn left. Destination will be on the right.

From Lynchburg, VA
Get on US-29 Bus S from Commerce St. 4 min (0.8 mi.) Follow Wards Rd and US-29 S to Chatham-Blairs 1 hr. (56.5 mi.). Stay straight on 29 South Merge onto 29 Bus S toward Blairs/Danville/VA-726. Go 8.12 mi. merge onto Piedmont Dr toward Mt. Cross Rd. Turn right onto Mt. Cross for 0.5 miles, destination is on left.

From South Boston, VA
Follow US-360 E/US-58 E to South Boston Rd in Danville 34 min (28.8 mi.). Continue on South Boston Rd to your destination. 12 min (5.1 mi.) Continue onto River St. 0.6 mi. Continue onto Riverside Dr. 2.1 mi. Turn right onto Mt Cross Rd. 1.1 mi. Turn left onto Dimon Dr. 0.3 mi. Turn left Destination will be on the right.

From Martinsville, VA
Follow US-58 E to US-58 BUS E in Westover, 16 min. (15.2 mi.). Continue on US-58 Bus E to your destination in Danville 13 min (7.2 mi.). Continue straight onto US-58 Bus E 4.8 mi. Turn left onto Barrett St. 0.2 mi. Turn right onto Westover Dr. 0.9 mi. Turn left onto Piedmont Dr. 0.5 mi. Turn left onto Mt. Cross Rd. 0.5 mi. Turn left onto Dimon Dr. 0.3 mi. Turn left. Destination will be on the right.

JEFF MCGREGOR'S
35TH ANNUAL
AMERICAN KARATE
CHAMPIONSHIP

1820 John Drive
Danville, VA 24540

Color Belt Forms
- 4 & under - all Belts
- 5 all Belts
- 6 beginner
- 6 inter./advanced
- 7-8 beginner
- 7-8 intermediate
- 7-8 advanced
- 9-10 beginner
- 9-10 intermediate
- 9-10 advanced
- 11-12 beginner
- 11-12 intermediate
- 11-12 advanced
- 13-14 beginner
- 13-14 intermediate
- 13-14 advanced
- 15-17 beginner
- 15-17 intermediate
- 15-17 advanced
- Men beginner
- Men intermediate
- Men advanced
- Women beginner
- Women intermediate
- Women advanced
- Men Sr. beginner
- Men Sr. intermediate
- Men Sr. advanced
- Women Sr. beginner
- Women Sr. intermediate
- Women Sr. advanced

Handicapable Forms
- 18 + (all ranks)
- 17 & under (all ranks)
- Black Belt

Color Belt Weapons
- 6 - under beginner
- 6 - under intermediate
- 6 - under advanced
- 7-8 - beginner
- 7-8 - intermediate
- 7-8 - advanced
- 9-10 beginner
- 9-10 intermediate
- 9-10 advanced
- 11-12 beginner
- 11-12 intermediate
- 11-12 advanced
- 13-14 beginner
- 13-14 intermediate
- 13-14 advanced
- 15-17 beginner
- 15-17 intermediate
- 15-17 advanced
- Adult beginner
- Adult intermediate
- Adult advanced
- Senior beginner
- Senior intermediate
- Senior advanced

Black Belt Weapons
- 8
- 9
- 10 - 11
- 12-14
- 15-17
- Adult
- Senior
- **50 and up**

Black Belt Forms
- 8
- 9
- 10-11
- 12-14
- 15-17
- Korean
- Japanese
- Chinese Open
- Adult Men Open
- Adult Woman Open
- Adult Men Sr.
- Adult Women Sr.
- **50 and up**

Black Belt Sparring
- 8 boys
- 9 boys
- 10-11 boys
- 8 girls
- 9 girls
- 10-11 girls
- 12-14 boys
- 12-14 girls
- 15-17 boys
- 15-17 girls
- Adult men super lightweight 139 lbs. & under
- Adult men lightweight 140 lbs. - 155 lbs
- Adult men middleweight 156 lbs. - 175 lbs.
- Adult men heavyweight 176 lbs. & 199 lbs.
- Adult men super heavyweight 200 lbs. & up
- Adult men 30 40
- Adult men sr. 41- 49
- Adult women 18-29 2 divisions
- Adult women Sr. 30-40
- Adult women Sr.
- **50 and up**

Musical
KATA-WEAPONS
- Nov. - Adv. 18+
- Nov. - Adv. 17 & under
- Adult Black Belt 18+
- Kids Black Belt 17 & under

Color Belt Sparring
- 4 & under - all Belts
- 5 all Belts
- 6 beginner
- 6 inter./advanced
- 7-8 boys beginner
- 7-8 boys intermediate
- 7-8 boys advanced
- 7-8 girls beginner
- 7-8 girls intermediate
- 7-8 girls advanced
- 9-10 boys beginner
- 9-10 boys intermediate
- 9-10 boys advanced
- 9-10 girls beginner
- 9-10 girls intermediate
- 9-10 girls advanced
- 11-12 boys beginner
- 11-12 boys intermediate
- 11-12 boys advanced
- 11-12 girls beginner
- 11-12 girls intermediate
- 11-12 girls advanced
- 13-14 boys beginner
- 13-14 boys intermediate
- 13-14 boys advanced
- 13-14 girls beginner
- 13-14 girls intermediate
- 13-14 girls advanced
- 15-17 boys beginner
- 15-17 boys intermediate
- 15-17 boys advanced
- 15-17 girls beginner
- 15-17 girls intermediate
- 15-17 girls advanced
- Adult Men beginner -LTWT-HVY
- Adult Men Intermediate -LTWT-HVY
- Adult Men advanced -LTWT-HVY
- Adult Men Sr. beginner
- Adult Men Sr. intermediate
- Adult Men Sr. advanced
- Adult Women beginner
- Adult Women intermediate
- Adult Women Advance
- Adult Women Sr. beginner
- Adult Women Sr. intermediate
- Adult Women Sr. advanced

NOTICE!
Starts at 9 AM SHARP!
- ALL MUSICAL KATA

$ PRIZE MONEY $

MUST PROVIDE OWN MUSIC BOX

(• MUSICAL WEAPONS) DIVISIONS

GRAND CHAMPION FOR THESE DIVISIONS

CONTINUOUS SPARRING

KIDS MUST WEAR

HEAD GEAR
FACE SHIELD
CHEST GUARD
MOUTH GUARD

WELCOME!

General Rules
1. Head Director will have the final say in all rule decisions.
2. Light head contact will be allowed during sparring, light to medium contact allowed to the body. No face contact. No groin contact.
3. There will be a disqualification for any blood drawn.
4. No black belts, under any circumstances will judge their own students. If a competitor realizes that his instructor is judging him, he should point it out or face disqualification.
5. Each judge will have one vote. Points will be determined by the majority of those who are in position to see the technique.

5 points Total
1 Point Hands
2 Points All Kicks
1st - 4th Place in all Divisions

ALL JUNIOR DIVISIONS WILL BE AWARDED A FINALIST AWARD IN FORMS - WEAPONS - SPARRING

A large selection of MARTIAL ARTS SUPPLIES will be available for purchase at this event! Contact Jeff McGregor for any special orders before event.

Black Belt Kata
Grand Champion $100.00
Runner-up $50.00

Black Belt Kumite
Grand Champion $100.00
Runner-up $50.00

Women Belt Kumite
Grand Champion $100.00
Runner-up $50.00

50 & up Belt Kumite
Grand Champion $100.00
Runner-up $50.00

* Must have 4 competitors in each division to pay grands

TOURNAMENT INFORMATION

WHEN: Saturday, July 18, 2026

STARTING TIMES: 9:00 AM

LOCATION: AVERETT NORTH CAMPUS *707 Mt. Cross Rd • Danville, VA*

PRE-REGISTRATION: MUST BE RECEIVED BY JULY 8, 2026 TO RECEIVE DISCOUNT

** CHECK - MONEY ORDERS - AND ALL MAJOR CREDIT CARDS - DEBIT CARDS*

NO REFUNDS

$75.00 FOR 1ST DIVISION - $15 FOR EACH ADDITIONAL DIVISION
LITTLE DRAGONS - $40.00

COACH PASS: $15.00 - At the Door $20.00

REGISTRATION: (TOURNAMENT DAY) JULY 18 (8:00 A.M) Until event starts!
Entry fee at the door - $80 .00 for the first event and an additional $20.00 for each additional event; LITTLE DRAGONS - $50.00 NO REFUNDS!!!

SPECTATORS FEE: $15 PER PERSON - KIDS UNDER 5 YEARS OLD FREE

TOURNAMENT HOTEL: COMFORT INN SUITES, 100 Tower Dr., Danville, VA · 434-793-2000
MUST book rooms by June 17, 2026. $160/ night

8 JR. GRAND CHAMPION

3 ADULT UNDER BELT GRAND CHAMPION - KATA WEAPONS — 7-FOOT TROPHY

EQUIPMENT: SAFETY EQUIPMENT MANDATORY IN ALL DIVISIONS
All Equipment will be on sale the day of the Tournament

RATING: SKA

DIRECTOR: JEFF MCGREGOR

ARBITRATOR: H.T. WALLER

T-SHIRTS: $20.00 DAY OF TOURNAMENT

PLEASE BE ON TIME!

PLEASE SEND PREREGISTRATION FORM & FEES TO: JEFF McGREGOR • 1820 JOHN DR • DANVILLE, VA 24540

Pre-registration Form

Name: _____ Age: _____ Date of Birth: _____

Address: _____ City _____ State _____ Zip _____

Phone ( ) _____ Male _____ Female _____

Instructor or School Name: _____ Belt Rank: _____

Please check all of the division that you will be competing in: ❑ WEAPONS ❑ FORMS ❑ SPARRING
❑ COACH PASS ❑ BASIC TECH BEGINNERS ❑ HANDICAPABLE FORM
❑ LITTLE DRAGONS ❑ MUSICAL WEAPONS ❑ CONTINUOUS SPARRING ❑ MUSICAL FORM

Check box if rated
Ski ☐
SKA ☐
Other ☐

TOURNAMENT T-SHIRT ..... Order Fee $20.00

Child S:_____ Child M:_____ Child L:_____ Adult S:_____ Adult M:_____ Adult L:_____ Adult XL:_____ Adult XXL:_____

I, undersigned, hereby voluntarily submit my application for attendance, participation, in the American Open Karate Championships, and do hereby assume full responsibility for any and all damages, injuries, and losses, that I may sustain or incur, in any way while attending and participating, and I hereby waive all claims against the promoters, operators, sponsors, of said tournament individually or otherwise, for any claim or injury that I may sustain.

Signature (parent or legal guardian if under 18 yr. of age) _____ Date _____

PRE - REGISTRATION CREDIT CARD PAYMENT INFORMATION

Name on Card:_____ Card #_____ Exp. Date _____

Billing Address: _____ State:_____ Zip_____ Amount to be Charged: $_____

Security Code:_____

- **Credit card payment will show from "American Karate" on your bill / statement.**
- **Your signature agrees to pay above total according to card issuer agreement.** *_____ **Date** _____

NO REFUNDS NO REFUNDS NO REFUNDS NO REFUNDS NO REFUNDS NO REFUNDS NO REFUNDS